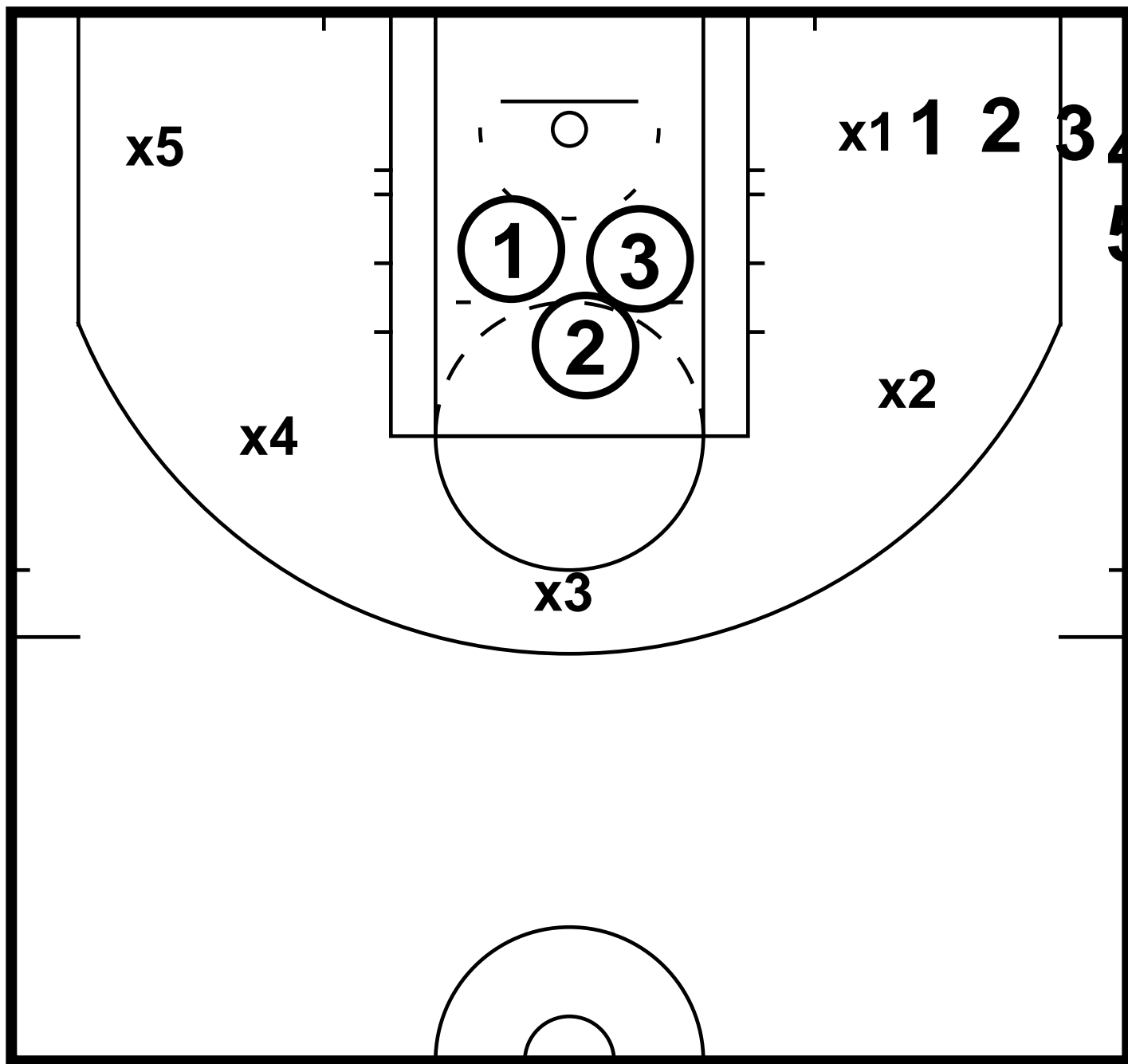


Make 7
Practice



2 or 3 balls. Coaches can rebound or pick three players to do it. If a player makes the shot the get back in line if they miss they run to half court. Can be a conditioning drill. Make make 7 as a team before you move to the next spot. Shoot from the 5 pots. Can be 2's or 3's