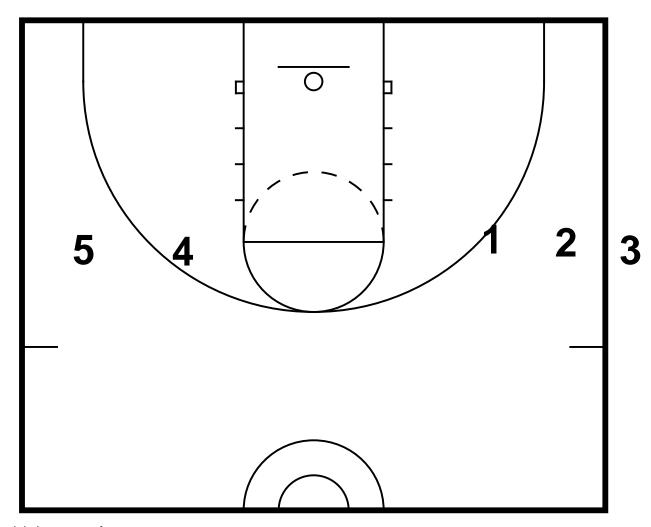


1st man in line on 1 side does not have a ball. He becomes the 1st cutter. The 1st 2 guys in the other line an the next 2 guys in his line have a ball. A variety of shots can be done with this drill

All in One Practice



Start with Lay-ups from pass
Backdoor Lay-ups on the ball-side block
Jumpers from the elbows
Crossover rip into lay-ups
Crossover rip into pull-ups
3's